

# INTERNATIONAL WORKSHOP ADVANCING THE FIELD OF SUBJECTIVE AGING AND HEALTH

📍 **Ofer Observatory, 30th floor, Eshkol Tower, Haifa University**

**9:00-9:30 Coffee and gathering**

**9:30-10:15 Greetings and introduction to the workshop**

Greetings by President/Rector, Dean of the Faculty of Social Welfare and Health

Opening comments by **Prof. Yuval Palgi**

**Opening Session**

**Chair and discussant: Prof. Dov Shmotkin**

**10:15-10:45 Prof. Hans-Werner Wahl (Skype/ Videotaped lecture):** Why is subjective aging a key issue for behavioral and social gerontology?

**10:45-11:00 Coffee break**

**11:00-11:30 Prof. Amit Shrira:** Subjective aging and health: Charted and uncharted areas

**11:30-12:00 Prof. Yuval Palgi:** The ISF-funded research: Health-related findings

**12:00-12:15 Discussion**

**12:15 -13:00 Lunch**

**13:00-14:30 Personal introduction**

**Session #2: Subjective aging, physical and cognitive health**

**Chair and discussant: Prof. Gitit Kavé**

**14:30-14:55 Dr. Yannick Stephan:** Subjective age and health across adulthood

**14:55-15:20 Prof. Shevaun Neupert:** State and trait aging perceptions are associated with daily cognition

**15:20-15:45 Prof. Susanne Wurm (conditionally):** Self-perceptions of aging: Antecedents, consequences and implications for health in later life

**15:45-16:00 Discussion**

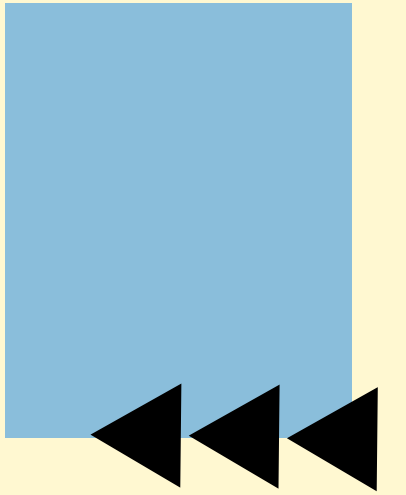
**16:00-17:00 Afternoon cocktail**

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**DAY 01**

**Monday, February 4th, 2019:  
Opening and plenary sessions**

Principal organizers present the rationale and conceptual basis of the workshop, its structure, and its aims.

Participants briefly introduce themselves and their research. Opening session reviews the current state of the field and the ISF-funded study. In Session #2, participants give talks in their areas of expertise followed by discussions.



### *Session #3: Psychopathological and translational aspects of subjective aging*

**Chair and discussant: Prof. Amit Shrira**

**9:30-9:55 Dr. Sharon Avidor:** When does trauma loom over the aging process? The association between perceptions of age and time with adjustment to trauma in later life

**9:55-10:20 Dr. Yaakov Hoffman:** PTSD-depression comorbidity and health among older adults exposed to missile attacks: The buffering effect of young subjective age

**10:20-10:45 Dr. Dikla Segel-Karpas:** Depression and physical morbidity: Subjective age as a moderator

**10:45-11:10 Prof. Manfred Diehl:** Interventions to change adults' views on aging: Opportunities and challenges

**11:10-11:25 Discussion**

**11:25-11:40 Coffee break**

### *Session #4: Subjective aging: Attitudes and awareness*

**Chair and discussant: Prof. Clemens Tesch-Römer**

**11:40-12:05 Prof. Klaus Rothermund:** Awareness of age-related change: Disentangling changes from age-related attributions

**12:05-12:30 Prof. Ehud Bodner:** On day-to-day variability in perceptions of age discrimination and ageism

**12:30-12:55 Prof. Liat Ayalon:** Perceptions of old age and aging in the continuing care retirement community

**12:55-13:10 Discussion**

**13:10-13:40 Poster session**

**13:40-14:25 Lunch**

### *Session #5: From actual to perceived closeness to death*

**Chair and discussant: Prof. Yuval Palgi**

**14:25-14:50 Prof. Frieder Lang:** Motivation for longevity: Determinants and consequences

**14:50-15:15 Prof. Denis Gerstorf:** Terminal decline of individual function: What we know and what we don't about the how, when, and why

**15:15-15:40 Dr. Yoav Bergman:** Subjective nearness-to-death: A terror management perspective

**15:40-15:55 Discussion**

**15:55-16:10 Best Poster Award**

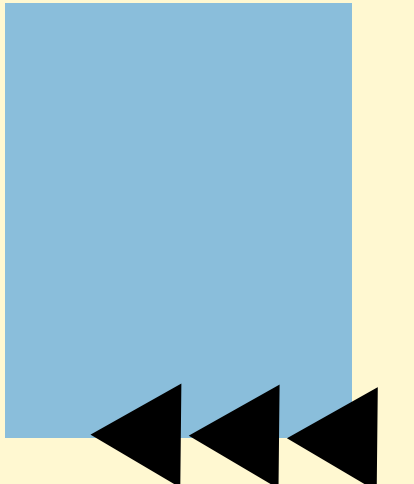
**16:10-16:25 Short introduction to the working groups**

# DAY 02

Tuesday, February 5th, 2019:  
Plenary sessions

In Sessions #3-5, participants give talks in their areas of expertise followed by discussions.

Poster session presents research by post-doc researchers and PhD students.



**9:00-10:30** Working group discussions according to the following issues:

1. Subjective aging, physical and cognitive health

Chair: **Prof. Shevaun Neupert**

Participants: **Prof. Denis Gerstorf, Dr. Yaakov Hoffman, Prof. Gitit Kavé, Dr. Dikla Segel-Karpas, Dr. Yannick Stephan, Prof. Susanne Wurm (conditionally)**

2. Subjective aging: Ageism and social discrimination

Chair: **Prof. Klaus Rothermund**

Participants: **Prof. Liat Ayalon, Dr. Yoav Bergman, Prof. Ehud Bodner, Prof. Clemens Tesch-Römer**

3. Subjective aging, psychopathology and interventions

Chair: **Prof. Manfred Diehl**

Participants: **Dr. Sharon Avidor, Prof. Frieder Lang, Prof. Yuval Palgi, Prof. Dov Shmotkin, Prof. Amit Shrira**

**10:30-10:45** Coffee break

**10:45-11:15** Presentation of the group products

**11:15-12:00** General discussion and operational decisions

Chair: **Prof. Dov Shmotkin**

**12:00-12:30** Sandwich break and arrangement for the trip

**12:30-17:30** Trip to Akko (more details to come...)

**17:30** Farewell

# DAY 03

Wednesday, February 6th, 2019:  
Working groups

Work in small groups aims at developing ideas for advancing the field of subjective aging. The participants divide into three small working groups. Each group is designated with a chair, who leads the discussions. The aim of each group is to formulate ideas on how to best advance the field and to suggest main subjects for inquiry and academic developments. The day concludes with a session that integrates the ideas and suggestions of the working groups into operative decisions.

- Attendance is free of charge, but registration is required due to limited space.
- Please let us know if you are interested to join our trip to Akko.
- **For registration / Parking at the university, please contact Nitzan Sedler at: [nitzansedler@gmail.com](mailto:nitzansedler@gmail.com)**